



Divisions:

1. Beginner (never competed)
2. Intermediate (competed but not placed)
3. Advanced (competed and placed)
4. Groups
5. Juniors

Rules and Regulations

Eligibility

- You must be at least 16 years old for divisions other than Juniors which is from 7-15 years old or groups which is open to all ages.
- You must enter the division that corresponds to you, as at the date of entry.

Entry

- You must fill in all fields of the entry form found online at www.physipolestudios.com prior to entries closing and have paid the entry fee by the date entries close.
- Entries will open 1st of February 2020 and will close 29th of March 2020.
- You must submit an audition video at the time of entry. Audition video must be a minimum of 2 minutes and a maximum on 3 minutes in length.
- The audition video does not have to be the same as the show you intend to perform.
- The audition video must not be edited.
- Music must be submitted at time of entry.
- You may enter one or more divisions, but entry fee must be paid per division.
- Successful applicants will be notified via email and announced on the Inspire Facebook page.

Performances

- Solo performances must be between 2 – 3 minutes in length.
- Groups performances must between 3 – 4 minutes in length.
- Groups is an open category. Performers in groups can come from any other division.
- There is to be no more than 2 competitors on the apparatus (hoop, silk/tissue, pole) at any given time throughout the performance.
- For pole performances, there will be two poles and it is to the discretion of the performers as to whether the poles are spinning or static, or a mixture thereof. This must be noted on the entry form.
- Aerial hoop & silks heights are able to be set on the day to your desired height, with a maximum of



6m, if the venue allows for it.

- Aerial competitors have the choice to use the provided apparatus, or supply their own.
- No two competitors at the one competition will be able to use the same music. First entry in will have priority.

Props/Costumes

- Performers are permitted to use any props, sets, costuming, additional performers, sound effects, performance apparatus or footwear, provided that:
 - a) the space allows for it physically;
 - b) it can be feasibly/theoretically transported on a plane;
 - c) it can be set up and completely removed in under 1 minute; and
 - d) human props do not touch the apparatus, do not detract from the competitor, and do not assist in tricks.
- Any use of the above items should be described in the applicant's entry.
- The performer may not perform nude or partially nude. G-strings are not permissible. Heels are optional.
- No outfit shall make any offensive and/or derogatory references to any religion and/or race.
- The use of grip aids are permitted.

Terms and Conditions

- Competitors must arrive at the venue at their allocated time on the day for rehearsals.
- Performers must not engage with the judges prior to, or on the day of the event.
- No performance shall make any offensive and/or derogatory references to any religion and/or race.
- Competitors must ensure they have warmed up and stretched properly prior to performing.
- Competitors must not consume alcohol or any prohibited substance prior to performing.
- Any significant changes to the performance as described in the application stage are not permitted without Organiser approval. Competitors MUST ADVISE the Organiser if there will be a clean-up required after their performance, and must gain Organiser approval.
- The competitors acknowledge and accept that PhysiPole Studios and its owners and staff (the Organisers) their directors, instructors, employees, agents, landlords, leases or franchisees ("Related Parties") and PhysiPole Studios venue and its owners and staff (Venue) their directors, instructors, employees, agents, landlords, leases or franchisees ("Venue Related Parties") are not responsible for injury or damage resulting from participation in the competition, including the competitors' arrival and departure from the competition.
- The competitors acknowledge that pole dance and aerials are dangerous activities and as such the competitors voluntarily accept the risks associated in participating in the competition.



- The competitors waive to the fullest extent permitted by law all legal rights of action against and fully releases the Venue and Venue Related Parties and the Organisers and Related Parties for the loss, damages, or injury howsoever arising out of or in relation to the participation by the competitors in the activities conducted or organised by the Organisers and Related Parties including without limitation, liability for any negligent or tortious act or omission, breach of duty, breach of contract or breach of statutory duty on the part of the Organisers or Related Parties.
- Competitors are aware that they may be photographed or videoed during their performance and acknowledge that photos or video may be published by the Organisers.
- The competitor releases all rights or claims over any photos or videos, and acknowledges that such material is the property of and can be used by the Organisers for promotional or other uses, without compensation to the competitor.
- Competitors may film their own performances and are free to use them as they see fit, however no flash photography is permitted.
- Competitors shall at all times co-operate with the Organisers.
- Competitors shall not pass any information or make any communication, whether written or oral, or any other form of communication that is negative or abusive towards other competitors, organizations, companies and persons involved in Inspire Championships.
- The Organisers reserve the right to stop any Performance at any time if there is a health and safety risk and/or if the competitor breaches any of the Rules and Regulations set out herein and/or any of the provisions in any additional documents provided by the Organisers to them.
- Competitors shall at all times comply with the Rules and Regulations set out herein and any other documents provided by the Organisers to the Competitors. By submitting an entry form into the Competition, you understand and agree to all Terms & Conditions stated above.



JUDGING CRITERIA

Competitor Name:

Apparatus: Pole / Aerials

Division: Beginner / Intermediate / Advanced / Groups / Juniors

Judges Name:

Criteria	Score
Concept (out of 10) The performance concept chosen is clearly demonstrated by use of character and or props, music and apparatus. The idea is original and well suited to the performer.	/10
Costume/Props (out of 10) The performer's theme, props and costume all tie together nicely.	/10
Stage Presence (out of 10) Performer is confident in making use of the stage, floor and apparatus and engages well with the audience.	/10
Strength and Control (out of 10) The tricks performed are strong and controlled.	/10
Tricks (out of 10) Tricks are clean and well suited to the performer.	/10
Degree of Difficulty (out of 10) Degree of difficulty encompasses variation of skill, including skill within tricks, transitions and flexibility. Difficulty level should correspond to the division entered.	/10
Lines/Extension (out of 10) Performer demonstrates clean lines, strong posture and the deliberate creation of aesthetically pleasing shapes within tricks and overall movement. A line does not necessarily have to be a straight one – sharp angles, arches, etc.	/10
Musicality (out of 10) Performer connects to the music and uses the various instruments/vocals to enhance their performance.	/10
Synchronisation – Groups (out of 10) Both performers are in time with tricks demonstrated separately as well as together on the apparatus. Dance moves and floorwork of the apparatus are also well timed and synchronised.	/10
TOTAL SCORE	Solos: /80 Groups: /90