INSPIRE
Pole & Aerials Competition

Information Pack

Use this guide for the stage maps, apparatus details, and competition categories for each studio host event. It also highlights any special notes or unique requirements for each location.

PhysiPole Studios Sunshine Coast

Venue: 4/71 Wises Road, Maroochydore

Competition Date: 2nd May 2026 **Entries Open:** 16 Feb - 8 Mar

DIVISION: Open to Beginner, Intermediate, Advanced, Elite and Semi Pro levels.

*Use the Trick Guides on our website for *Beginner* and *Intermediate*

CATEGORY	RUNNING	APPARATUS DETAILS	MATS
POLE	**YES**	2 Poles using Spin and Static	
VISION	**YES**	Apparatuses that are distinctly bar/metal in genre, including hoop, chains, cube, trapeze etc.	***Required** Colour Blue 150 cm x 180 cm
DREAM	**YES**	Flowing apparatuses made with softer fabrics, including silks, aerial net, rope, hammock etc	***Required** Colour Blue 150 cm x 180 cm
JUNIORS	**YES**	For performers aged 6 – 15	***Required for Aerials competitors** Colour Blue 150 cm x 180 cm
GROUPS	**YES**	For groups of performers 2 or more	

Inspire Information Pack

ACCESS: Open to all competitors, not restricted to in-house participants.

APPARATUS: The studio will use two poles for solo pole performances, and will follow standard set up of static on stage-right and spin on stage-left.

Groups competing on pole will be able to choose the configuration of their poles (both spin, both static, or static stage-right and spin stage-left).

Solo aerial performers are allowed one apparatus of their choice, either provided by the studio or BYO.

Groups - No more than 2 competitors on each apparatus at any given time throughout the performance.

MATS: All aerial competitors are required to use a mat for their performance.

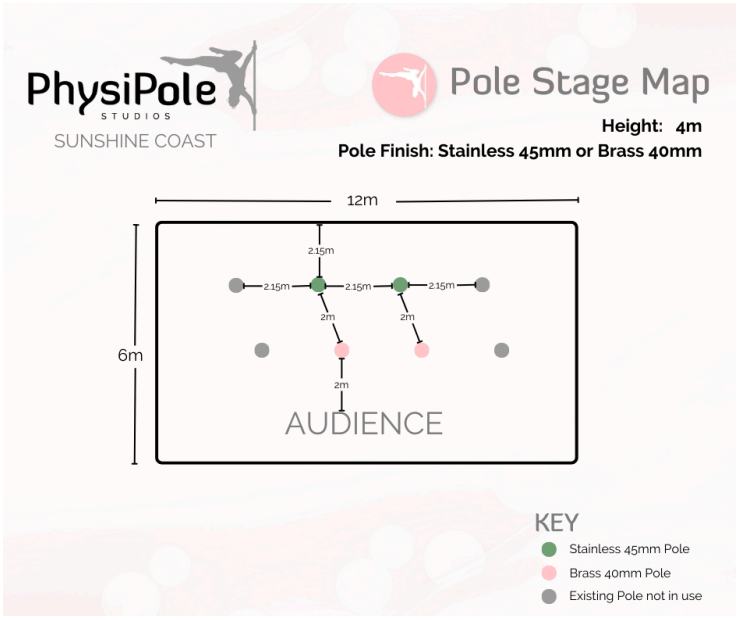
The mat must stay under the apparatus at all times.

RESTRICTIONS: No liquid props of any description. Failure to comply will result in disqualification

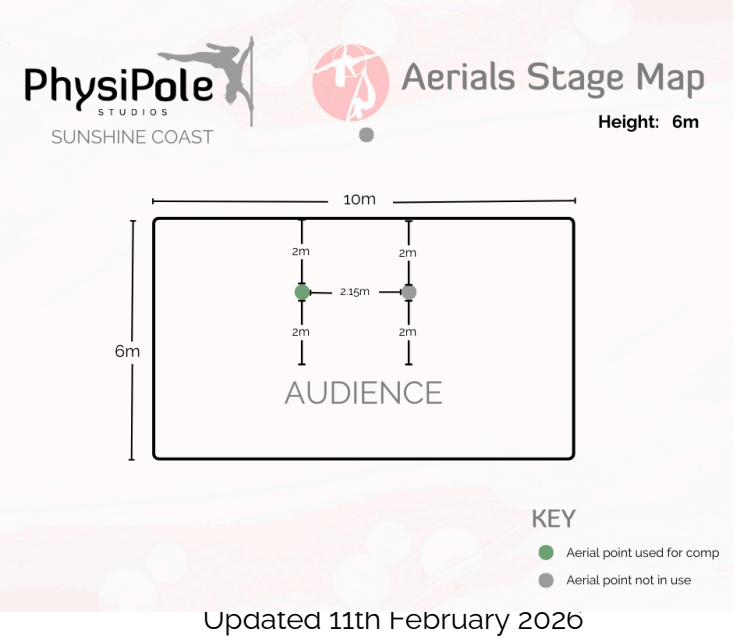
No **monkey grip** allowed.

STAGE MAP:

POLE



AERIALS



Updated 11th February 2026